

## *Essex Dementia Care Road show*

Saturday 6th August

George Yard Shopping Centre under the band stand

### *Sponsored Bean Bath Challenge*

A **FUN** packed day, including:

A chance to see **Essex Dementia Care** in action

Come and see Sharon on the day as she attempts to sit in this bath of beans from 9am till 4pm



Raising much needed funds for **Essex Dementia Care**.

### Raffle & Lucky dip

#### The Essex Dementia Care Road Show Stand

A chance to meet and speak with the Director and founder of Essex Dementia Care Dr Tessa Perrin PhD, MSc, DipCOT

Essex Dementia Care is a charity set up to support families living with dementia .

We believe that staying active and engaged with good life experiences is the key to healthy living and positive well being.

**Tel: 01245 363789**

**[www.essexdementiacare.org.uk](http://www.essexdementiacare.org.uk)**

Charity No. 1129038